

## Key Highlights:

The Royal National Hospital for Rheumatic Diseases (RNHRD) has a long history of excellence in the management of Axial Spondyloarthritis (Ankylosing Spondylitis). We are honored to have faculty from RNHRD to share with us on the Role of Allied Healthcare Practitioners in AxSpA Management.

- Nurse led assessment and monitoring clinics
- Patient-centered nursing consultation in AxSpA
- Physiotherapy & Rehabilitation for AxSpA
- Peer-to-peer conversations in breakout room



#### Dr Raj Sengupta MBBS, FRCP, PGCME

Consultant Rheumatologist; RNHRD Clinical Lead for Axial Spondyloarthritis

Dr Raj Sengupta is a Consultant Rheumatologist and Lead for Axial SpA at RNHRD. Dr Sengupta has established a cohort of over 1000 patients with Axial SpA. He is a member of the BSR Spondyloarthritis Special Interest Group, the BSR axSpA Biologics Guidelines Committee and a member of ASAS (Assessment of Spondyloarthritis International Society).

#### **Debbie Bond**

#### RGN, MsC Advanced Practice, NMP, Lecturer Specialist Rheumatology Nurse

Debbie is a Specialist Rheumatology Nurse at the RNHRD, specializes in Axial SpA & Biologics. Her clinical responsibilities include nurse-led biologic therapy clinics, review clinics, telephone reviews, group education for biologics and support line services. She is chair of the biologics committee and the Home care group. In addition, Debbie is on the Aspiring to Excellence steering group to shape the UK national programme to develop and improve AS services within rheumatology departments.

### **Georgia Smyth**

#### BSC MCSP

Specialist Rheumatology Physiotherapist; RNHRD AxSpA Rehabilitation Programme Lead

Georgia is a Specialist Rheumatology Physiotherapist at the RNHRD. She is also the programme lead to the RNHRD AxSpA Rehabilitation Programme that has been running for more than 45 years. This model is unique in its holistic, multidisciplinary approach to promote selfmanagement and provide patients with the resources to optimise their health. Under the leadership of Georgia, a first of its kind virtual rehab programme was launched to continue support Axial SpA patient amid COVID pandemic.

## **Target participants:**



- Rheumatologists & fellows
- Allied healthcare (Nurse, Physiotherapist, Pharmacist, Occupational therapist)

## Agenda

## Moderator: Dr. Habibah Mohammed Yusoof

Consultant Rheumatologist, Hospital Selayang

Time	Торіс	Presenter
Plenary Lectures		
3:30 - 3:35 pm	Welcome	Novartis medical & Moderator
3:35 - 4:00 pm	Introduction: AxSpA Patient Journey & role of AHP for optimal care	Dr Raj Sengupta Consultant Rheumatologist
4:00 - 4:30 pm	Nursing Care & Counselling in AxSpA	Debbie Bond Specialist Nurse
4:30 - 5:00 pm	Rehabilitation & Physiotherapy in AxSpA	Georgia Smyth Lead physiotherapist
5:00 - 5:10 pm	Q and A	
Breakout Sessions		
5:10 - 5:40 pm	Break-Out: Peer-to-Peer sharing & interaction: Room 1: Counselling for AxSpA	Room 1: Debbie Bond & Dr Asmah Mohd Consultant Rheumatologist, Hospital Tuanku Ja'afar
	Room 2: Rehabilitation for AxSpA	Room 2: Georgia Smyth & A/ Prof Fariz Yahya Consultant Rheumatologist, UMMC
5:40 - 5:45 pm	Close	Novartis medical & Moderator

Breakout rooms open for allied healthcare practitioners ONLY. Limited seats available. Please register to reserve your spot! Kindly indicate your interest to join breakout room 1 or 2 during registration.

For Healthcare Professionals Only

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