







# SECOND ANNOUNCEMENT 2024

# PENANG PAEDIATRIC UPDATE BASICS IN RHEUMATOLOGY

## HIGHLIGHTS

- Basic knowledge in Rheumatology and Immunology
- Common clinical manifestations and red flags of paediatric rheumatic diseases
- What can general practitioners/ paediatricians do before referring to rheumatologists

20th July 2024

ASCOTT Gurney Hotel Penang

In conjunction with Penang Paediatric Update



21st July 2024



## Welcome message



Dr Koay Beng Siang Organising Chairperson

Dear friends and colleagues,

Greetings, I'm looking forward in welcoming all of you to the Penang Paediatric Update 2024 - Basics in Rheumatology which will take place on the 20th July 2024 in Ascott Gurney Hotel, Penang.

The last course that focused on paediatric rheumatology was held in Kuala Lumpur in 2021. Since then there has not been any similar courses in Malaysia. It is my great honor to have international and local speakers, all who are experts in the field of paediatric rheumatology and the conditions relating to it. The programme for this course will include basic sciences, laboratory and clinical aspects, which aim to increase the understanding of Paediatric Rheumatology in allied healthcare professionals. Therefore I encourage everyone to participate in this rare occasion to learn more about childhood rheumatological diseases.

The understanding of rheumatological diseases has been growing fast over the last decade. This has led to new concepts expanded from old rheumatological diseases. For example, Juvenile Dermatomyositis is actually not "a single disease" but a spectrum of inflammatory myopathy with various extra-musculoskeletal manifestations caused by autoantibodies. Hence it has been renamed to Juvenile Idiopathic Inflammatory Myopathy. Taking this further, the role of autoimmunity in organ-specific diseases such as Crohn's Disease and Interstitial Lung Diseases has also been increasingly recognised, and this translates into more involvement of rheumatologists in other subspecialties.

The advanced study of immunogenetics and the development of novel therapeutic options especially the Biological Therapy for many rare genetic-linked autoimmune and autoinflammatory disorders has been groundbreaking in dealing with these diseases that were previously thought to be recalcitrant. Furthermore, the Covid pandemic brought us the concept of Cytokine Storm in infection-related systemic hyperinflammatory conditions. The use of immunosuppressants such as Tocilizumab and Baricitinib in combating such severe infectious disease was unprecedented. Hence the knowledge of Rheumatology is far more important in many other medical fields than previously known.

It is also a great opportunity to brush shoulders with the experts, to meet old friends as well as make new ones, all while exploring the beautiful city of Georgetown, one of the world heritage cities. I am looking forward to seeing everyone at this course in Penang, Malaysia.

Best wishes,

Dr Koay Beng Siang Organising Chairperson Penang Paediatric Update - Basics in Rheumatology

# Esteemed Speakers

Rheumatology faculty

**Overseas speakers** 



Associate Prof Thaschawee Arkachaisri
Head & Senior Consultant Paediatric Rheumatology &
Immunology
KK Women's and Children's Hospital, Singapore



Dr Teh Kai Liang
Consultant Paediatric Rheumatologist and
Immunologist
KK Women's and Children's Hospital, Singapore

#### Local speakers



Dr Tang Swee Ping Senior Consultant Paediatric Rheumatologist Hospital Selayang



Dr Lim Sern Chin
Senior Consultant Paediatric
Rheumatologist
ParkCity Medical Centre



Dr Koay Beng Siang Consultant Paediatric Rheumatologist Hospital Pulau Pinang



Dr Lee Soon Yap
Paediatric Rheumatology
Fellow
Selayang Hospital

## Speakers from various subspecialties





Dr Intan Juliana
Consultant Paediatric Immunologist
Advanced Medical and Dentistry Institute,
Universiti Sains Malaysia



Dr Mohammad Faisol Hamdi Bin Omar Consultant Pathologist (Microbiologist) Hospital Tuanku Fauziah



Dato Dr Vigneswari A/P M.Ganesan Senior Consultant Paediatric Neurologist Hospital Pulau Pinang



Dr Oh Hoey Hoey Paediatric Dermatologist Hospital Pulau Pinang



Dr Nicholas Chang Lee Wen Paediatric Pulmonologist Hospital Pulau Pinang



Dr Choong Chee Liang Paediatric Gastroenterologist Hospital Pulau Pinang

# Programme: Basics in Rheumatology 20th July 2024

Time	Event	Speaker		
0730 - 0800	REGISTRATION			
0800 - 0810	Welcome speech and opening ceremony	Dato Dr Rus Anida Awang Dr Koay Beng Siang		
Symposium 1: Foundation in Paediatric Rheumatology: Essential Concepts and Practices				
0810 - 0830	Introduction to <b>Pediatric Rheumatology</b>	Dr Tang Swee Ping		
0830 - 0850	Errors in the Immune System - Over or Under?	Dr Intan Juliana		
0850 - 0910	<b>Cytokine Storms</b> in Rheumatic Diseases and Beyond - basics of what, when and how?	Dr Lim Sern Chin		
0910 - 0930	Laboratory investigations in Rheumatic Diseases - Interpreting the puzzles	Dr Mohammad Faisol Hamdi		
0930 - 0950	Tea break			
Symposium 2: Navigating the Spectrum: Understanding Rheumatic Diseases				
0950 - 1020	Approach to <b>Joint Pains</b> in children	Dr Lim Sern Chin		
1020 - 1050	<b>Lupus</b> the great mimicker: What the Generalist need to know	Dr Tang Swee Ping		
1050 - 1120	Inflammatory Myopathies: Understanding, diagnosis and management	Dr Thaschawee Arkachaisri		
1120 - 1150	Recognising <b>Systemic Vasculitis</b> : Common manifestations and management	Dr Teh Kai Liang		
1150 - 1220	An introduction to <b>Autoinflammatory Disorders</b> : Translating genetic error into fever syndromes	Dr Lee Soon Yap		
1220 - 1300	Lunch Symposium: Revolutionizing rheumatic diseases: Exploring novel <b>Biological Therapies</b> and treatment paradigms	Dr Thaschawee Arkachaisri		
1300 - 1400	Lunch			
Symposium 3 : Exploring the Intricacies of Organ-specific Autoimmune Disorders				
1400 - 1430	The spectrum of autoimmune disorders in the <b>Nervous System</b> : When the nerves flare up	Dato Dr Vigneswari Ganesan		
1430 - 1500	A glimpse into autoimmune disorders of the <b>Respiratory System</b> : When the lungs catch fire	Dr Nicholas Chang Lee Wen		
1500 - 1530	Expanding the insight of <b>Autoimmune Gastrointestinal Disorders</b> : When the guts swell up	Dr Choong Chee Liang		
1530 - 1550	Tea break			
1550 - 1620	<b>Skin Manifestations</b> of Autoimmune Diseases: When it is more than skin deep	Dr Oh Hoey Hoey		
1620 - 1650	Pictorial Quiz: Is it or is it not Rheumatic Disease?	Dr Koay Beng Siang		
1650 - 1700	Closing remarks	Dr Koay Beng Siang		

# Basic Paediatric Postgraduate Clinical Course 21st July 2024

Run by experienced MRCPCH/Masters examiners and consultants Only **30 slots** available based on **first come first serve basis**Beneficial for those preparing for clinical exams in Paediatrics

## Objective

To prepare paediatric medical officers in the Masters of Paediatric program and MRCPCH for their clinical exam

## Highlights

Lectures on approach to clinical examination of various systems with emphasis on proper clinical examination technique, sign recognition and common pitfalls

### Followed by

Hands-on session on clinical examination technique and case presentation under guidance

## Programme

Time	Topic				
0730 - 0810	Registration				
Lectures on examination techniques on clinical short cases					
0810 - 0840	Respiratory System				
0840 - 0910	Musculoskeletal System				
0910 - 0940	Abdomen System				
0940 - 1010	Central Nervous System				
1010 - 1040	Cardiovascular System				
1040 - 1055	Tea break				
1055 - 1100	Briefing for hands-on session				
Hands on Station					
1100 - 1300	Hands on stations : Session 1				
1300 - 1400	Lunch Break				
1400 - 1700	Hands on stations : Session 2				

## Course information

### **REGISTRATION FEES**

Day 1 : Basics In Rheumatology	GOVERNMENT	PRIVATE	Overseas doctor
Doctors	RM 300	RM 400	USD 150
Nurses / Paramedics	RM 200	RM 250	USD 100

#### Day 2: Basic Paediatric Postgraduate Clinical Course

Based on first come first serve basis
Participants are required to register for Day 1 course
Shortlisted candidate will be contacted via email for payment
Not refundable once payment made

RM 600

## **REGISTRATION LINK**



https://forms.gle/cuXerH5yfYbPjbW67

Deadline for registration

5th July 2024

Payment must be received on or before the 5th July 2023 Kindly attach the receipt of payment via the registration link

## **PAYMENT DETAILS**

Bank: Maybank

Name: Penang Pediatric Society Account number: 557063625106

**Swift Code: MBBEMYKL** 

Kindly enter "Paeds update - your name"

under recipient reference

Registration will be confirmed upon full payment due to limited seat availability, following a first-come-first-serve basis.

## **CANCELLATION AND REFUND POLICY**

No refunds for cancellations. If you are unable to attend the course for any reason, you may substitute your registration with a delegate from the same category. Kindly contact the liaison officer.

## Accommodation

Accommodation is not covered in your registration fee. Secure discounted rooms at Ascott Gurney Hotel for the course duration. Delegates are responsible for their own accommodation and payments.

## Room Rates at Ascott Gurney Hotel, Penang

Room Category	Daily room rates	
Studio King (breakfast for 1)	380	
Studio twin (breakfast for 2)	410	



#### **CONTACT US**

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